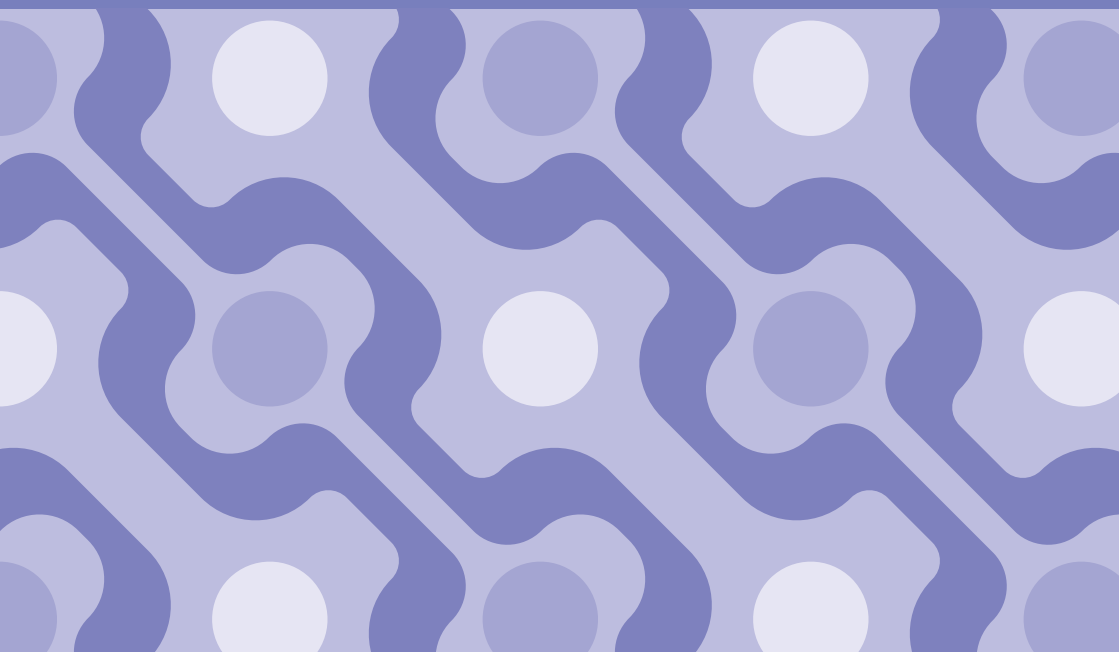


2011-12

CHILDREN'S SERVICES TRAINING

PROSPECTUS



www.ci-ni.org.uk

CiNI
Children **in** Northern Ireland

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Workshop Content

The Children's Services Training Strategy aims to provide high quality training to the staff and volunteers of organisations within the Childcare Sector. Its aim is to assist individuals and organisations to develop their knowledge, skills and values in relation to their practice with children, young people and their families.

This prospectus provides you with an overview of the workshops that Children in Northern Ireland will deliver throughout the year from 1st April 2011 - 31st March 2012.

Dates will be scheduled quarterly and they will be published on our website in advance.

TRAINING EVENTS WILL BE HELD AT:

Children in Northern Ireland
Unit 9, 40 Montgomery Road
Belfast BT6 9HL

To secure a place on any of the upcoming training courses please complete an online booking form using the following link www.ci-ni.org.uk/training

If you have any queries please contact Melissa on:

Tel: 028 9040 1290

Or alternatively via email at: melissa@ci-ni.org.uk.

Workshops will be held from 9.30am - 4.30pm
(lunch will be provided for participants)

An Introduction to Children's Law in NI

COURSE DURATION: 1 Day

COURSE TRAINER: Ethel McNeill (CiNI)

This workshop will give participants an overview of the UN Convention on the Rights of the Child and the Children (NI) Order 1995. It will discuss children's rights and responsibilities and outline state intervention in family life. It will provide an overview of this legislation and an opportunity to discuss the implications for our own professional practice.

THIS WORKSHOP INCLUDES:

- Basic Introduction to the Children (NI) Order 1995
- Exploring the model of State Intervention in NI
- Policy context of working with children and young people
- Examining implications for our own pro practice

This workshop is aimed at workers who are either new to the children's sector or who wish to refresh their knowledge and skills.



Quotes from participants

“ Excellent training session as this is a new topic area to me. It provided a detailed overview of the Children's Order and its concepts and how to use it in professional practice ”

“ Discussion of case examples were very good - also awareness raising - debates around children's rights etc ”



An Introduction to Mental Health Children and Young People 13+

COURSE DURATION: 1 Day

COURSE TRAINER: Ethel McNeill (CiNI)

Lelia Fitzsimons (Belfast Health and Social Care Trust)

This course is aimed at staff who are working with young people aged 13+. The Target audience for this workshop includes staff in LAC teams, Residential staff, Transitions teams, Personal Advisors, Supported Accommodation Projects, Floating Support Services and Adolescent Counselling Services.

AIMS:

- To develop an introductory knowledge of mental health issues and the impact on young people
- To assist participants to develop the skills to recognise potential mental health issues in young people
- To explore the impact of negative attitudes and barriers around mental health
- To support participants to develop potential helping strategies in their work with young people



Quotes from participants

“ This training was very thorough and insightful - really well presented by trainers ”

“ Really enjoyed this course, extremely varied and trainers knowledge was fantastic ”



Applied Suicide Intervention Skills Training (ASIST)

COURSE DURATION: 2 Days

COURSE TRAINER: TBC

This workshop will provide participants with the necessary attitudes, knowledge and skills to recognise and assess the risk of suicidal behaviors and to undertake appropriate management or referral of a person who is at risk of suicide.

THIS WORKSHOP WILL:

- Give participants the opportunity to help a person at risk stay safe
- Participants will learn how to recognise opportunities to:
 - Reach out and offer support
 - Estimate the risk of suicide
 - Apply a model for suicide intervention
- Assist participants to link people at risk with community resources

Child Development – Early Years Effective Working Relationships with Children and Families

COURSE DURATION: 1 Day

COURSE TRAINER: Mary Magee (Independent Consultant)

This workshop will explore the theory base of child development as a foundation for effective working relationships with children and their families.

ON COMPLETION OF THE PROGRAMME PARTICIPANTS WILL HAVE:

- Shared their understanding of the theories of child development as applied when working with children and their families
- Considered issues of attachment, self-esteem, thinking styles, needs and identity
- Explored and reviewed methods of intervention
- Outlined a theory base for understanding children
- Discussed effective working relationships with children and their families
- Methods of intervention, especially during difficult times
- Had the opportunity to relate theory to practice

“

Quotes from participants

“ Mary is a very refreshing speaker who re-informs on understanding and practice that challenges how / why / when we do what we do and how to reflect and acknowledge our methods and success as well as families – highly recommended ”

”

Child Protection Basic Awareness (Keeping Safe)

COURSE DURATION: 1 Day

COURSE TRAINER: Ethel McNeill (CiNI)

This workshop will give participants an introduction to the issues involved in safeguarding children. It will allow opportunities to identify good practice and explore how to keep children safe. The workshop will also assist participants to recognise child abuse and develop an understanding of how to respond and report their concerns.

CONTENT OF THE WORKSHOP INCLUDES:

- Awareness of child protection issues
- An overview of the legal context
- Statistics on abuse and abusers
- Procedures for reporting concerns
- Identifying support available
- Ensuring the safe management of activities
- Risk Assessment
- Key elements of a Code of Behaviour for Staff
- Anti-bullying Code for Children

Children in Northern Ireland deliver the Keeping Safe model of child protection training. This model has been designed, developed and accredited by Volunteer Development Agency.



Quotes from participants

“ This course is excellent. The information, the teaching style and the debates all have educated me well on the topic of child protection which will really help me in my profession ”

“ I thoroughly enjoyed the training and got a lot out of the day. I would really like to come back for more training in the future ”



Children in Conflict with the Law

COURSE DURATION: 1 Day

COURSE TRAINER: Lorraine Thompson (Include Youth)

This workshop will give the participants an opportunity to look at the following:

- An overview of the changes in legislation relating to youth justice
- Risk factors involved in this work
- Looking at 'what works' with young people who are at risk of entering, or are already involved in, the criminal justice system



Quotes from participants

“ Speaking to young people during the training was an excellent way of getting honest and open information ”

“ Meeting professionals from other agencies involved in work with young people was really useful ”



Contributing to Child Protection Case Conferences

COURSE DURATION: 1 Day

COURSE TRAINER: Ethel McNeill (CiNI)

This workshop will explore the role and responsibilities of voluntary and community sector staff who attend child protection conferences. It will offer participants an opportunity to discuss how to present appropriate information both in written and verbal form.

THIS WORKSHOP WILL:

- Explore what our role and responsibilities are in relation to child protection conferences
- Explore what contribution staff from the voluntary and community sector can make to child protection case conferences
- Consider how to share written and verbal information with others
- Discuss the ethical dilemmas within this process

Designated Officer Training

COURSE DURATION: 2 Days

COURSE TRAINER: Sheina Rigg (Keeping Safe Co-Ordinator Belfast Health and Social Care Trust)

Are you a Designated Officer for Child Protection in your organisation?

THIS WORKSHOP WILL:

- Expand your knowledge of legislation relevant to children/young people
- Explore the role and responsibilities of Designated Officers
- Explore the concept of significant harm
- Understand the referral processes to Social Services
- Understand the structures within Social Services (Gateway; Family Support; LAC teams etc.)
- Discuss the impact of reporting (on Designated Officers, on their organisation; on child / family; and community etc)
- Highlight sharing information and confidentiality issues
- Map pulls and influences on Designated Officers exploring supports



Quotes from participants

“ Very informative and good training with a vast experience of all scenarios raised ”

“ I feel this course was a great source of information which was well presented and interesting ”



Effective Communication with Children and Young People – Communication as the Key Resource when Exploring Life Story Work

COURSE DURATION: 1 Day

COURSE TRAINER: Mary Magee (Independent Consultant)

This workshop will assist participants to identify the important values, knowledge and skills, which promote effective communication when working with children and young people. They will be given the opportunity to discuss key factors in communication which promote understanding; support and development when working with children and young people.

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ON COMPLETION OF THE PROGRAMME PARTICIPANTS WILL HAVE:

- Reflected upon the nature of their communication with the children and young people with whom they work: messages, audiences and mediums
- Discussed the main factors of influence within their communication:
 - to help children feel 'safe, valued and good'
- Evaluated their current work experiences, when exploring life story work with children and young people
- Revisited core communication skills; application of Transactional Analysis as a model for communication strategies
- Communicating difficult messages – context of life story work and work within trauma
- Individual case study review of theory to practice

Graded Care Profile Measuring Neglect

COURSE DURATION: 1 Day

COURSE TRAINER: Susan Croskery and Bronagh Hillen
(Belfast Health and Social Care Trust Learning and Development Team)
Ethel McNeill (CiNI)

This workshop will offer participants the opportunity to develop a means of measuring and assessing neglect in the families they are working with. Crucially the model is child centered and keeps the focus of engaging on the child.

OBJECTIVES:

- A greater appreciation of the impact of neglect on children
- An enhanced knowledge of current research findings in relation to neglect
- An awareness of the factors which can impact on a carer's capacity to parent a child
- The opportunity to practice undertaking a systematic risk assessment using the 'Graded Care Assessment Tool' for neglect
- The opportunity to practice writing a contract and care plan contained within the Graded Care Risk Assessment Tool



Quotes from participants

" The case studies were excellent and gave me a better insight into how to use the assessment "

" I will most definitely begin to use this with my clients. I feel it's an excellent way of measuring neglect and sharing it with the client. Excellent training, all workers would benefit from this training "



How Children Learn

COURSE DURATION: 1 Day

COURSE TRAINER: John Kelly (Independent Consultant; Finger Print Learning)

This workshop will give participants an understanding of how we learn and will introduce them to a model of working that can assist children and adults to learn successfully.

The latest research on what happens in the brain as we learn is simply explained and the workshop applies this to various learning styles in a practical, interactive and visually interesting way.

Participants will be given the opportunity to understand their own learning style preferences and this knowledge can transform their approach to educating others.



Quotes from participants

“ I found the whole workshop beneficial and will be able to apply it to all aspects of my working and personal life ”

“ Today's session has definitely given me a fresh insight into working with my clients and hopefully will improve my practice ”



Managing Conflict and Aggressive Behaviour

COURSE DURATION: 2 Days

COURSE TRAINER: Howard Jenkinson (Independent Consultant; Innovative Action)

This workshop will give participants the opportunity to begin to explore their practice and experience to allow them to develop their self-awareness and deepen their personal understanding of how to manage challenging behaviour.

THE WORKSHOP WILL:

- Introduce a model for assertive behaviour for workers
- Share considered methods for defusing challenging behaviour
- Explore, practice and experience a variety of interpersonal skills to improve communication
- Manage challenging behaviour in an alternative manner
- Examine models for practice and develop skills and methods for empowering others to better communicate their feelings and needs



Quotes from participants

“ Great course – brilliant trainer – powerful learning ”

“ I cant wait to put these new models / ideas into practice – ‘I’, ‘we’, ‘you’. I feel a lot more confident in dealing with challenging behaviours ”



MARAC – Multi Agency Risk Assessment Conference

COURSE DURATION: 2 hour session

COURSE TRAINER: Susan Croskery and Marie McLaughlin
(Belfast Health and Social Care Trust Learning and Development Team)

This workshop introduces participants to:

- The MARAC process and its importance to victims of domestic abuse
- MARAC in NI
- Who attends MARAC meetings
- What happens to the outcomes of the meeting
- The role of the IDVA
- Recognising signs of domestic abuse and risk assessment

THE WORKSHOP WILL:

- Make you aware of MARAC and the risk assessment process
- Develop awareness of the Risk Identification Checklist
- Explore the benefits of Proportionate Information Sharing



Quotes from participants

“ This was an excellent course –
I gained a clear insight into the MARAC process ”

“ I learnt a lot from this course and will be able to inform the
Parent Support workers of the process ”



Protecting Children Under 1

COURSE DURATION: 1 Day

COURSE TRAINER: Deirdre Webb (Public Health Agency)

This workshop will explore Prevention and Early Intervention in relation to Safeguarding Babies. It will review current local and international evidence to support early intervention in Under 1's and review current prevention and early intervention strategies in Northern Ireland. The workshop will also examine some Early Intervention Programmes, for example Attachment programmes, Family Nurse Partnership, Roots of Empathy programme and consider their contribution to the Safeguarding Agenda.

THIS WORKSHOP AIMS TO ENABLE PARTICIPANTS TO:

- Have an overview of current research of Safeguarding issues for Under 1's
- Understand early intervention programmes
- Identify effective early intervention programmes
- Manage challenging behaviour in an alternative manner
- Identify remaining gaps and issues needing further consideration by the Safeguarding Board

This is targeted at any practitioner who works with under 1's and will be of particular interest to Mental Health Visitors, Allied Health Professions and Family Support Workers.

Recording and Record Keeping

COURSE DURATION: 1 Day

COURSE TRAINER: Ethel McNeill (CiNI)

This training will stimulate participants awareness of the importance of recording in the delivery of quality care. It will identify the principles of effective recording practice, and will use presentations, handouts and practical exercises to explore.

THIS WORKSHOP WILL EXPLORE:

- What information should be recorded and when
- Observations Skills and Record Keeping
- Being Positively Objective
- Recording Systems
- Where does information go?
- Principles of effective recording
- Guidelines on good practice
- The Legal Framework
- Writing the Record



Quotes from participants

“ I enjoyed the group discussions and learnt a lot from other group members and their recording styles ”

“ This is a great course - it will be very useful in practice ”

“ Very useful, enjoyable and also thought provoking ”



Self Harm – Whose Challenge?

COURSE DURATION: 1 Day

COURSE TRAINER: Dr Michelle Kavanagh (Queen's University Belfast)

This workshop is aimed at raising the profile of children who are experiencing mental health problems. The 1998 report by the United Nations on the implementation of the United Nations Convention on the Rights of Children in the UK highlighted the lack of resources for children with Mental Health problems. Some studies estimate as many as 1 in 5 in the general population of the UK is likely to have a mental health problem.

THIS WORKSHOP WILL:

- Develop an understanding of children and young people with mental health needs
- Help workers be more effective in their work with children and young people with mental health needs
- Encourage those involved with children and young people to work together
- Increase the understanding of the mental health needs of children and young people
- Improve workers' ability to identify those children and young people at increased risk of developing mental health problems
- Increase workers' capacity to be more effective in working together with colleagues and to promote the best interests of children and young people with mental health problems



Quotes from participants

“ I found this training useful; I learnt awareness and understanding of a person that self harms ”

“ I found the days training very relaxed and liked the informal approach - we covered a lot and were given good references to other books / theories ”



Substance Misuse and its impact on Young People's Health and Wellbeing

COURSE DURATION: 1 Day

COURSE TRAINER: Jeanette Fourie Pollock (Ascertainment)

This workshop will give participants an opportunity to raise their awareness of this issue and will assist them to develop skills to work with young people and their families who abuse substances.

Participants will also be given the opportunity to identify substances through interactive activities and props as well as develop an understanding of how they work.

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THIS WORKSHOP WILL:

- Explore alcohol, cannabis, mephedrone and benzodiazepines, and how they affect mental health in young people
- Discuss some of the mental disorders and the signs and symptoms as well as Dual Diagnosis
- Look at how substance misuse will create mental health problems or aggravate existing mental health problems
- Give factually correct information on the drugs and mental health through exploration of NI
- Look at understanding some of the social and personal effects of mental ill-health and how these are commonly portrayed



Quotes from participants

“ Information on drugs - lots of good knowledge and advice identifying stages of abuse and applying these to social settings ”

“ Course has definitely given me more knowledge and understanding and an interest in further training and education in this area ”



Supervision (Supervising Staff and Evaluating Performance)

COURSE DURATION: 6 Days

COURSE TRAINER: Ethel McNeill (CiNI)

This workshop is aimed at team leaders and staff who have responsibility for the supervision of others practice. It will give participants the opportunity to understand the principles and purpose of supervision and apply Kolb's Learning Cycle as a model of reflective practice to the supervising process. Participants will also be encouraged to explore the factors which contribute to poor performance, review their own level of competence and set goals for future development of their supervising skills.

PARTICIPANTS WILL BE ENCOURAGED TO EXPLORE:

- Purposes, policies and definitions of supervision
- Contracts and structures of supervision
- Reflective practice in supervision
- Managing difficult or poor performance
- Problem solving in supervision
- A theoretical context of supervision
- Rehearsing supervisory skills
- Management of anxiety and change through supervision



Quotes from participants

“ Excellent training. It has increased my awareness of supervision both from an employee's and supervisor's perspective ”

“ This training was excellent, kept you engaged. I am able to transfer what I learnt across to practice ”



The Law and Care Leavers (16+)

COURSE DURATION: 1 Day

COURSE TRAINER: Ethel McNeill (CiNI)

This workshop is aimed at staff who are working with Looked After Children who are aged 16+. It will give participants an understanding of the materials used to assess needs, risks and care plan for the young person's future. The workshop will also give participants an opportunity to explore and develop an understanding of the roles and responsibilities of the various professionals involved in the leaving care process as well as their own role.

THE WORKSHOP WILL INCLUDE:

- An overview of current Legislation, Guidance and Policies and Procedures
- An outline of the Eligibility Criteria
- Needs Assessment and Pathway Plan materials and their fit with other current assessment frameworks and processes
- Rehearsed use of the materials
- Exploring Roles and Responsibilities of the various professionals involved
- An understanding of the values which underpin their practice with young people leaving care



Quotes from participants

“ A great piece of training - I'm feeling much more informed ”

“ Really enjoyable, great to meet other people and hear their views ”



Understanding the Needs of Children in Northern Ireland (UNOCINI)

COURSE DURATION: 1 Day

COURSE TRAINER: Ethel McNeill (in partnership with Trust Children's Services Trainers)

UNOCINI Level One is a multidisciplinary course designed to familiarise staff with the principles of the new Regional Assessment Framework.

Children in Northern Ireland work in partnership with the Health Care Trust on UNOCINI to deliver this model of assessment. This training is aimed at staff who are responsible for Child Protection or who are making referrals to gateway teams.

THIS WORKSHOP WILL ALSO ASSIST PARTICIPANTS TO:

- Identify the strategic context for UNOCINI and why it is being introduced
- Summarise and describe the three areas and twelve domains of the framework
- Identify the threshold levels of need
- Gain an understanding of a professional role in assessing and responding to children's needs
- Complete all elements of the UNOCINI form
- Identify factors which might make a child vulnerable/ resilient
- Understand some of the complicating factors about a child's safety and welfare when children are disabled



Quotes from participants

“ Working in the voluntary sector I feel that this module has covered the areas that I need ”

“ Thoroughly enjoyed this training and found it extremely beneficial ”



Working with Children with Autistic Spectrum Disorders

COURSE DURATION: 1 Day

COURSE TRAINER: Dr Philip Moore (Psychologist Belfast Trust)

This workshop is aimed at raising awareness of the profile of children who have Autistic Spectrum Disorders. It will explore the current provision available within Northern Ireland and discuss issues of best practice.

THE AIMS OF THIS WORKSHOP ARE:

- To discuss the prevalence/incidence of autistic spectrum disorders
- To delineate the major features of autistic spectrum disorders
- To discuss the nature of autistic spectrum disorders
- To highlight current provision within Northern Ireland
- To discuss best practice issues
- To discuss the assessment and treatment of challenging behaviour associated with autistic spectrum disorders

Working with Groups of Children and Young People

COURSE DURATION: 2 Days

COURSE TRAINER: Howard Jenkinson (Independent Consultant; Innovative Action)

This workshop will give participants a theoretical context to group work and will focus on the practical skills needed to work with children and young people in group situations.

THE WORKSHOP WILL FOCUS ON:

- What is my intention and purpose for the group?
- How do I create what I intend?
- How do I prepare, plan and design sessions?
- How do I manage conflict and difficulties?
- What skills and learning outcomes do I need to develop?
- How do I give and receive feedback, assess and evaluate?
- How does this allow the group and myself to learn?

“

Quotes from participants

“ I feel I have learnt so much in 2 days which I can bring back to my work - fantastic ”

“ Both days were great, I particularly enjoyed the challenging behaviour sessions and the most appropriate way to manage these ”

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Working with Outcomes to Demonstrate Effectiveness

COURSE DURATION: 1 Day

COURSE TRAINER: Maurice Leeson and Benny McDaniel (Barnardos)

This workshop is aimed at managers at all levels who are responsible for setting and monitoring outcomes and measuring the effectiveness of service delivery. It will give participants the opportunity to begin to identify appropriate outcomes for their work linked to 'Every Child Matters'. The workshop will also encourage participants to develop an integrated model of working with outcomes to demonstrate the effectiveness of the services they deliver.

THIS WORKSHOP WILL:

- Enable participants to set appropriate outcomes that best evidences their practice base
- Improve participants understanding of the importance of outcome based practice
- Encourage participants to develop monitoring and evaluation systems that are integrated within their agencies working practices
- Increase participant's knowledge of working with outcomes to demonstrate effectiveness

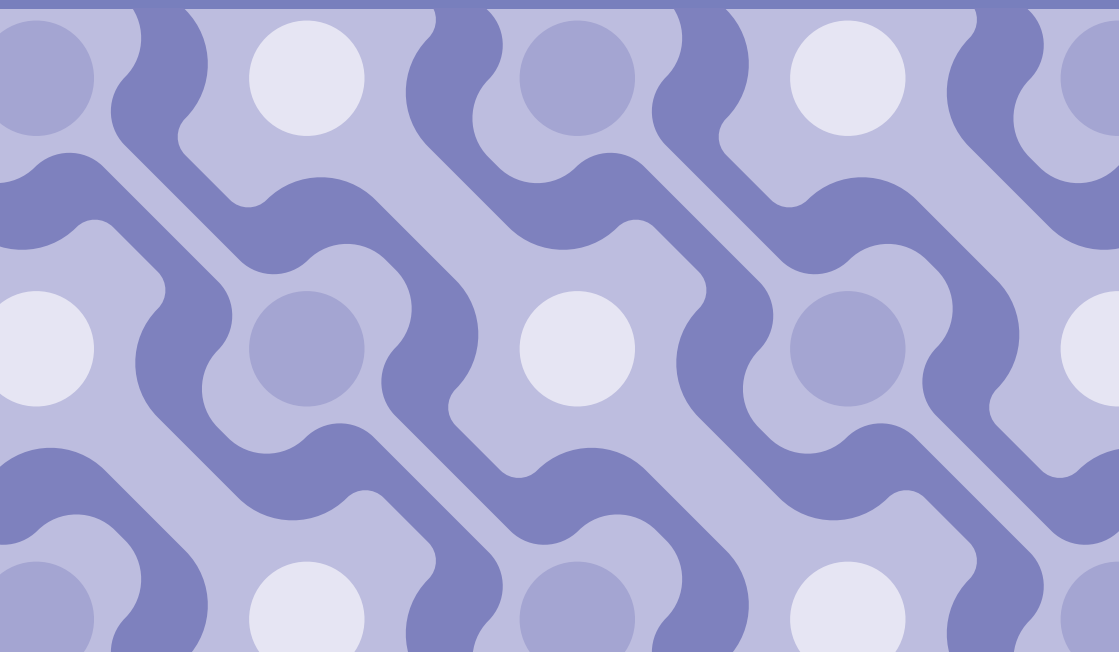


Quotes from participants

“ I found this workshop useful in making the difference between outputs and outcomes and seeing where it's relevant to our services ”

“ It was great to make a sense of how to apply measurement and outcomes in my work ”





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IF YOU HAVE ANY QUERIES PLEASE CONTACT:

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